

# CE350-30 Working at Depth and the Reflective Practitioner

**26/27**

**Department**

Centre for Lifelong Learning

**Level**

Undergraduate Level 3

**Module leader**

Cathryn MacLeod

**Credit value**

30

**Module duration**

30 weeks

**Assessment**

100% coursework

**Study location**

University of Warwick main campus, Coventry

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## Description

### Introductory description

In this module you will be facilitated to reflect deeply on your counselling practice in placement and to move towards qualification with a strong understanding of your strengths and development needs as a professional counsellor. In line with QAA benchmark 3.7 and BACP guidance for accredited courses section 4, you'll be asked to apply your learning from the whole course to an evaluation of your own practice work. We'll consolidate our learning about relational integrative practice by looking at a range of ways that this is conceptualised theoretically and exploring how we might reflect these in our work with clients. New learning this year about working with various specific client groups and presenting issues will add to your understanding of how to devise an accurate working formulation of a client and respond appropriately to their needs. You will attend peer supervision groups in the classroom in order to reflect on your practice with your colleagues. We will discuss ways of deepening our relational processes with clients and explore understandings of what relational depth might look like in practice, and we'll continue to work in professional development groups to explore our interpersonal processes.

The learning on this module will also consolidate your learning in previous years about working online and on the telephone with clients, ensuring that you have the required competencies and that you can work safely in a variety of contexts.

This module enables you to move towards your own independent practice, developing your

confidence to work at depth with clients and your knowledge and understanding of a wide range of presenting issues.

## **Module aims**

To demonstrate strong relational counselling skills

To demonstrate ability to work affirmatively with clients with a variety of experiences and backgrounds

To develop an accurate formulation for client work based on specialist knowledge about particular presenting issues

To accurately analyse and manage the processes (including unconscious ones) involved in establishing and deepening the therapeutic relationship.

To have a strong understanding of own part in relational processes and be able to reflect openly on these

To be able to meet BACP accredited training competencies for working online and on the telephone and to work safely in a variety of contexts

## **Outline syllabus**

This is an indicative module outline only to give an indication of the sort of topics that may be covered. Actual sessions held may differ.

Working with specific client groups and in specific contexts, developing awareness of specialist work with a variety of presenting issues

Relational depth - working collaboratively and empathically with clients

Theoretical concepts of relational integrative practice

Working online and on the telephone with clients, understanding ethical and contractual requirements and meeting BACP competencies

Reflecting on own counselling practice in supervision groups and through written work

Identifying own learning and development needs in readiness for professional qualification

## **Learning outcomes**

By the end of the module, students should be able to:

- Create a clear and collaborative contract for safe and professional counselling work with a client online or on the telephone
- Analyse the impact of own identities on relational processes in counselling
- Critically analyse key moments in a counselling relationship
- Demonstrate ability to work at relational depth with clients
- Apply counselling theory and assessment techniques to create an appropriate client case formulation
- Demonstrate ability to respond sensitively to the specific relational implications of working with a client online or on the telephone

## **Indicative reading list**

## Research element

Exploring the application of research findings to own practice

## Interdisciplinary

Reference to various interdisciplinary concepts from areas across the social sciences, in the understanding of cultural conceptualisations of client experiences around topics such as bereavement, addiction, delusion and death.

## Subject specific skills

In line with QAA subject benchmark sections 3.7 and 3.8, and BACP guidance for accredited courses section B4, this module enables you to develop your practical and reflective skills including:

Sophisticated selection and use of appropriate counselling skills and application of counselling theory;

Ability to work ethically and safely with clients in a variety of contexts including online and on the telephone;

Refined ability to reflect on own self in relationship and to understand conscious and unconscious processes in relationships;

Deep understanding of the experiences and needs of clients with a variety of particular presenting issues.

## Transferable skills

This module enables you to develop to a high level core skills in the Warwick Award as you refine your ability to work with clients and reflect on your practice. You will develop your competence in Communication, Ethical Values, Intercultural Awareness, Organisational Awareness, Professionalism and Self Awareness.

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## Study

### Study time

Type	Required
Lectures	9 sessions of 2 hours 30 minutes (7%)
Seminars	8 sessions of 1 hour (3%)
Supervised practical classes	23 sessions of 1 hour (8%)
Private study	166 hours 30 minutes (55%)
Total	300 hours

Type	Required
Assessment	80 hours (27%)
Total	300 hours

## Private study description

Reading on integrative counselling practice  
Journal reflection on the above

## Costs

No further costs have been identified for this module.

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## Assessment

You must pass all assessment components to pass the module.

### Assessment group A2

Assessment component	Weighting	Study time	Eligible for self-certification
Case Study	60%	48 hours	Yes (extension)
In depth case study reflecting on own professional practice			
Reassessment component is the same			
Assessment component			
Taped Practice Evaluation	40%	32 hours	Yes (extension)
Evaluation of own recorded online practice session, showing understanding of OPT competencies - ability to contract for specific context, and respond to particular relational processes			
Reassessment component is the same			

## Feedback on assessment

Tutor feedback verbally on practice work. Text comments on assignments.

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## Availability

### Pre-requisites

To take this module, you must have passed:

- All of
  - [CE1E9-30 Introduction to Relational Practice](#)
  - [CE299-30 Counselling Approaches and the Reflective Practitioner](#)

### Courses

This module is Core for:

- Year 4 of UCEA-X1GB Undergraduate Counselling and the Psychotherapeutic Relationship