

CE349-30 Synthesising and Applying an Integrative Approach

26/27

Department

Centre for Lifelong Learning

Level

Undergraduate Level 3

Module leader

Cathryn MacLeod

Credit value

30

Module duration

30 weeks

Assessment

100% coursework

Study location

University of Warwick main campus, Coventry

Description

Introductory description

This module will prepare you to qualify and work as an independent professional counsellor, especially focusing on competencies from section 3.9 of the QAA benchmarking statement, and from BACP course accreditation criteria section B5, preparing you to take an active role as members of the professional counselling community. You will be enabled to reflect on your learning this year about specialist client presentations and to apply your knowledge and understanding to reflect on and begin to make decisions about your own interests, continuing professional development, and employment choices.

You will continue to consolidate your conceptualisation of your own developing integrative approach, examining your background, beliefs, values and interests and exploring how they contribute to and impact upon your integrative practice.

Throughout the module, we will cover the professional requirements of working independently as a counsellor, consider your next steps in the profession, including working towards BACP accreditation, and explore practical elements of working in the field, including gaining employment and working in private practice.

You will develop your professionalism, organisational awareness, and ability to work in a team.

Module aims

Apply theoretical learning to a variety of specific client issues and contexts
Prepare for independent professional practice
Gain a wider understanding of the various ways in which practitioners work with clients
Continue to develop self-awareness and capacity for personal reflective practice
Reflect on own learning and future goals and plan for own professional future
Define own model of integrative practice, consistent with a clear theoretical base and an awareness of own values and cultural context

Outline syllabus

This is an indicative module outline only to give an indication of the sort of topics that may be covered. Actual sessions held may differ.

Exploration of specific client issues and contexts and how to work specifically with particular client groups
Continuing to describe and refine own personal integrative approach through a reflexive lens, synthesising knowledge of a variety of counselling theories and approaches, and understanding of own personal values and context
Applying theoretical knowledge to practical work with clients and understanding how different practitioners approach their work in various settings
Exploration of the professional and organisational settings in which counselling takes place, and the professional requirements of practising independently
Planning for practical elements of work in the future, such as building a professional support network
Continuing professional development and self care planning

Learning outcomes

By the end of the module, students should be able to:

- Define and critically appraise own integrative approach with reference to theories of counselling and psychotherapy
- Analyse personal context, values and identity in relation to own integrative approach
- Apply own integrative approach to presenting client issues and contexts
- Determine own personal learning achievements and needs
- Plan own future professional development and employment goals

Indicative reading list

[Specific reading list for the module](#)

Interdisciplinary

Universal application of employment skills, future planning.

Consideration of other job roles to which counselling qualification is relevant.

Subject specific skills

This module focuses on the BACP accredited course competencies around the professional context of counselling and psychotherapy (section B5) which enable you to take an active role as a member of the professional counselling community. You will develop skills and understanding around identifying professional development needs, creating professional support networks, and the necessary skills and knowledge for building a counselling business.

Transferable skills

This module facilitates sophisticated development of transferable and employment skills in line with the Warwick Award, focusing especially on Organisational Awareness, Professionalism, Sustainability and Teamwork as you prepare to enter the profession as a qualified practitioner.

Study

Study time

Type	Required
Lectures	7 sessions of 2 hours 30 minutes (6%)
Seminars	23 sessions of 1 hour (8%)
Supervised practical classes	5 sessions of 1 hour (2%)
Other activity	3 hours 30 minutes (1%)
Private study	171 hours (57%)
Assessment	80 hours (27%)
Total	300 hours

Private study description

Reading, reflective journal

Other activity description

Introduction to year 4, relationship building

Costs

No further costs have been identified for this module.

Assessment

You must pass all assessment components to pass the module.

Assessment group A2

	Weighting	Study time	Eligible for self-certification
Assessment component			
My Integrative Approach Essay describing own integrative approach, linking it to own context and values, and describing its application to work with a variety of clients	70%	56 hours	Yes (extension)

Reassessment component is the same

Assessment component

My Personal and Professional Development Plan Students complete a personal and professional development plan and self care plan in line with BACP templates	30%	24 hours	No
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Reassessment component is the same

Feedback on assessment

written feedback on essay, verbal feedback in formative viva and in class

Availability

Pre-requisites

To take this module, you must have passed:

- All of
 - [CE1E8-30 Foundational Theories for Integrative Practice](#)
 - [CE291-30 Relational Processes and Working Within Diversity](#)

Courses

This module is Core for:

- Year 4 of UCEA-X1GB Undergraduate Counselling and the Psychotherapeutic Relationship