

# PS346-15 Perspectives in Clinical and Counselling Psychology

**23/24**

**Department**

Psychology

**Level**

Undergraduate Level 3

**Module leader**

Claudie Fox

**Credit value**

15

**Module duration**

12 weeks

**Assessment**

33% coursework, 67% exam

**Study location**

University of Warwick main campus, Coventry

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## Description

### Introductory description

This module is designed to introduce students to the field of adult mental health.

[Module web page](#)

### Module aims

It will illustrate how psychological models can be applied to psychological problems in clinical settings. Material will be presented in terms of diagnostic categories, as well as aetiology, therapeutic techniques and outcomes according to various current and historic theoretical paradigms. The module will take a predominantly applied approach, linking psychological theory to clinical practice for a number of psychological disorders/clinical issues.

### Outline syllabus

This is an indicative module outline only to give an indication of the sort of topics that may be covered. Actual sessions held may differ.

Current issues and debates surrounding assessment, classification and diagnosis will be explored,

including ethical considerations in mental health care. Some of the major theories, theorists and orientations for therapeutic intervention will be explored, for example person-centred, psychodynamic and cognitive-behavioural. The module will also include an in-depth examination of specific mental health diagnoses, for example anxiety, depression, psychotic disorders.

## **Learning outcomes**

By the end of the module, students should be able to:

- Think critically about the taxonomic system used in conceptualising mental disorders
- Demonstrate a systematic understanding of the major diagnostic categories delineated in the DSM, as well as with diagnostic procedures
- Critically discuss current and historical perspectives in the aetiology and treatment of mental illness (e. g., cognitive-behavioural, psychodynamic, person-centred)
- Think critically about and apply current formulations of abnormal behaviour
- Critically evaluate primary therapeutic interventions and their efficacy according to current literature
- Critically consider practical and ethical issues that arise in mental health care in the UK

## **Indicative reading list**

Kring, A. & Johnson, S. (2019). *Abnormal psychology: The science and treatment of psychological disorders* (14th ed.). Hoboken, NJ: Wiley.

For up-to-date research findings please refer to journals such as:

Journal of Clinical Psychology

Journal of Consulting and Clinical Psychology

Journal of Psychiatric Research

[View reading list on Talis Aspire](#)

## **Subject specific skills**

evaluation of therapeutic interventions

understanding of practical and ethical issues that arise in mental health care

understanding of the major diagnostic categories

application of psychological theory to practice, clinical case analysis

## **Transferable skills**

familiarity with collecting and organising stored information found in library book and journal collections, and online

critically evaluating primary and secondary sources

effective personal planning skills

working in groups and oral presentation skills,

ability to apply knowledge to real world examples

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# Study

## Study time

Type	Required
Lectures	12 sessions of 2 hours (16%)
Seminars	5 sessions of 1 hour (3%)
Online learning (independent)	5 sessions of 1 hour (3%)
Private study	116 hours (77%)
Total	150 hours

## Private study description

116 hours guided student study

## Costs

No further costs have been identified for this module.

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## Assessment

You do not need to pass all assessment components to pass the module.

Students can register for this module without taking any assessment.

## Assessment group D4

	Weighting	Study time
assessed work	33%	
Online multi-choice assessment		
Online Examination	67%	
~Platforms - AEP		

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- Online examination: No Answerbook required

## Feedback on assessment

Formative and summative feedback is available in relation to the multi-choice assessed component. Further verbal feedback is available to students on request. Feedback on

\nexamination performance is provided in line with Department of Psychology procedure; Tabula  
\nand Personal Tutor.

[Past exam papers for PS346](#)

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## Availability

### Pre-requisites

Students should have either PS111 or PS219. They should also have undertaken PS201

### Courses

This module is Optional for:

- Year 1 of TPSS-C8P9 Postgraduate Taught Psychological Research
- UPHA-L1CA Undergraduate Economics, Psychology and Philosophy
  - Year 3 of L1CA Economics, Psychology and Philosophy
  - Year 3 of L1CC Economics, Psychology and Philosophy (Behavioural Economics Pathway)
  - Year 3 of L1CD Economics, Psychology and Philosophy (Economics with Philosophy Pathway)
  - Year 3 of L1CE Economics, Psychology and Philosophy (Philosophy and Psychology Pathway)
- UPHA-L1CB Undergraduate Economics, Psychology and Philosophy (with Intercalated Year)
  - Year 4 of L1CG Economics, Psychology and Philosophy (Behavioural Economics Pathway) (with Intercalated Year)
  - Year 4 of L1CH Economics, Psychology and Philosophy (Economics with Philosophy Pathway) (with Intercalated Year)
  - Year 4 of L1CJ Economics, Psychology and Philosophy (Philosophy and Psychology Pathway) (with Intercalated Year)
  - Year 4 of L1CB Economics, Psychology and Philosophy (with Intercalated Year)
  - Year 4 of L1CB Economics, Psychology and Philosophy (with Intercalated Year)
- Year 3 of UPSA-C800 Undergraduate Psychology
- Year 4 of UPSA-C801 Undergraduate Psychology (with Intercalated year)
- Year 3 of UPSA-C804 Undergraduate Psychology with Education Studies
- Year 4 of UPSA-C806 Undergraduate Psychology with Education Studies (with Intercalated Year)

This module is Unusual option for:

- Year 3 of UPHA-L1CA Undergraduate Economics, Psychology and Philosophy

This module is Option list A for:

- Year 3 of UPSA-C804 Undergraduate Psychology with Education Studies

This module is Option list B for:

- Year 3 of UPHA-VL78 BA in Philosophy with Psychology
- Year 4 of UPHA-VL79 BA in Philosophy with Psychology (with Intercolated year)
- Year 1 of TPSS-C8P9 Postgraduate Taught Psychological Research

This module is Option list C for:

- Year 3 of UPSA-C802 Undergraduate Psychology with Linguistics
- Year 4 of UPSA-C805 Undergraduate Psychology with Linguistics (with Intercolated Year)

This module is Unusual option for:

- Year 4 of UPSA-C805 Undergraduate Psychology with Linguistics (with Intercolated Year)