

PS346-15 Perspectives in Clinical and Counselling Psychology

20/21

Department

Psychology

Level

Undergraduate Level 3

Module leader

Claudie Fox

Credit value

15

Module duration

12 weeks

Assessment

33% coursework, 67% exam

Study location

University of Warwick main campus, Coventry

Description

Introductory description

This module is designed to introduce students to the field of adult mental health.

[Module web page](#)

Module aims

It will illustrate how psychological models can be applied to psychological problems in clinical settings. Material will be presented in terms of diagnostic categories, as well as aetiology, therapeutic techniques and outcomes according to various current and historic theoretical paradigms. The module will take a predominantly applied approach, linking psychological theory to clinical practice for a number of psychological disorders/clinical issues.

Outline syllabus

This is an indicative module outline only to give an indication of the sort of topics that may be covered. Actual sessions held may differ.

Current issues and debates surrounding assessment, classification and diagnosis will be explored,

including ethical considerations in mental health care. Some of the major theories, theorists and orientations for therapeutic intervention will be explored, for example person-centred, psychodynamic and cognitive-behavioural. The module will also include an in-depth examination of specific mental health diagnoses, for example anxiety, depression, psychotic disorders.

Learning outcomes

By the end of the module, students should be able to:

- Think critically about the taxonomic system used in conceptualising mental disorders
- Demonstrate a systematic understanding of the major diagnostic categories delineated in the DSM, as well as with diagnostic procedures
- Critically discuss current and historical perspectives in the aetiology and treatment of mental illness (e. g., cognitive-behavioural, psychodynamic, person-centred)
- Think critically about and apply current formulations of abnormal behaviour
- Critically evaluate primary therapeutic interventions and their efficacy according to current literature
- Critically consider practical and ethical issues that arise in mental health care in the UK

Indicative reading list

Kring, A. & Johnson, S. (2019). *Abnormal psychology: The science and treatment of psychological disorders* (14th ed.). Hoboken, NJ: Wiley.

Oltmanns, T., Martin, M., Neale, J. & Davison, G. (2014) *Case Studies in Abnormal Psychology* (10th ed.). Hoboken, NJ: John Wiley & Sons.

For up-to-date research findings please refer to journals such as:

Journal of Clinical Psychology

Journal of Consulting and Clinical Psychology

Journal of Psychiatric Research

[View reading list on Talis Aspire](#)

Subject specific skills

evaluation of therapeutic interventions

understanding of practical and ethical issues that arise in mental health care

understanding of the major diagnostic categories

application of psychological theory to practice, clinical case analysis

Transferable skills

familiarity with collecting and organising stored information found in library book and journal collections, and online

critically evaluating primary and secondary sources

effective personal planning skills

working in groups and oral presentation skills,

ability to apply knowledge to real world examples

Study

Study time

Type	Required
Lectures	12 sessions of 2 hours (16%)
Seminars	7 sessions of 1 hour (5%)
Other activity	3 hours (2%)
Private study	116 hours (77%)
Total	150 hours

Private study description

116 hours guided student study

Other activity description

3 hours self-directed group work in non-seminar weeks

Costs

No further costs have been identified for this module.

Assessment

You do not need to pass all assessment components to pass the module.

Students can register for this module without taking any assessment.

Assessment group D3

	Weighting	Study time
assessed work	33%	
Online multi-choice assessment		
exam	67%	

Feedback on assessment

Formative and summative feedback is available in relation to the multi-choice assessed component. Further verbal feedback is available to students on request. Feedback on examination performance is provided in line with Department of Psychology procedure; Tabula

Availability

Pre-requisites

Students should have either PS111 or PS219. They should also have undertaken PS201

To take this module, you must have passed:

- Any of
 - [PS111-30 Brain & Behaviour](#)
 - [PS111-24 Brain & Behaviour](#)
 - [PS219-15 Psychobiology](#)
 - [PS201-15 Individual Differences](#)

Courses

This module is Optional for:

- Year 1 of TPSS-C8P9 Postgraduate Taught Psychological Research
- Year 3 of UPSA-C800 Undergraduate Psychology
- Year 4 of UPSA-C801 Undergraduate Psychology (with Intercalated year)
- Year 3 of UPSA-C804 Undergraduate Psychology with Education Studies

This module is Option list A for:

- Year 3 of UPSA-C804 Undergraduate Psychology with Education Studies

This module is Option list B for:

- Year 3 of UPHA-VL78 BA in Philosophy with Psychology
- Year 4 of UPHA-VL79 BA in Philosophy with Psychology (with Intercalated year)
- Year 1 of TPSS-C8P9 Postgraduate Taught Psychological Research

This module is Option list C for:

- Year 3 of UPSA-C802 Undergraduate Psychology with Linguistics